

Questions

Does insurance cover physical therapy?

The answer is generally YES, however, all plans are different and have regulations. Please call if you have questions about your insurance provider. All insurance is verified prior to treatment.

What do I need to do to go to physical therapy or send a friend/family member?

In Louisiana, you can come to physical therapy without a referral but insurance companies usually require a referral from your health care provider for payment. Referral can come from a MD, nurse practitioner, physician's assistant, podiatrist, dentist, or chiropractor.

What happens on my first visit?

You will complete paperwork and provide us with a copy of your insurance information. The therapist will evaluate your condition and set up a treatment plan specific to your needs if it is deemed that physical therapy is appropriate for you at that time.

How long will I go to physical therapy ?

This varies depending on the chronicity of your problem as well as specific diagnosis. Your therapist will address this at your evaluation.

What will the treatments be like?

Again this is highly variable and will be discussed at evaluation. **Partners in Physical Therapy** is a "hands on" clinic and manual therapy will likely be a large part of your treatment program.

Will my doctor be kept informed about my progress with physical therapy?

All progress and discharge information will be sent to your MD. Initial evaluation will also be sent if requested.

What happens if physical therapy doesn't fix 100% of my problems?

Your PT attempts to increase function and decrease pain to the greatest extent possible. In some situations, complete recovery may not be realistic and flare ups may occur after discharge. It may be appropriate to return to physical therapy for assistance during those times. We will also help to establish a home exercise program to help advance your rehabilitation. Education for managing chronic or progressive conditions will also be emphasized.



Partners in Physical Therapy

Hours:

Monday, Tuesday: 8-12 and 1-5
Wednesday, Thursday, Friday: 8-12
and 1-7

Scheduling:

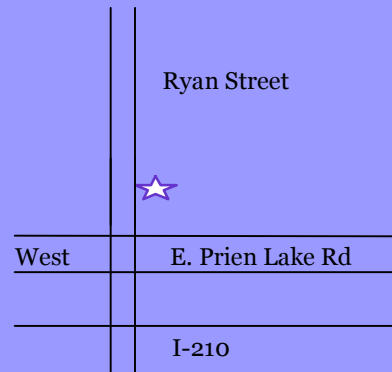
337-439-3344, ext: 25

Billing/Insurance Office:

337-439-3344, ext: 24

Location:

N



Address:

3221 Ryan Street Suite D
Lake Charles, LA 70601

Phone:

337-439-3344

Fax:

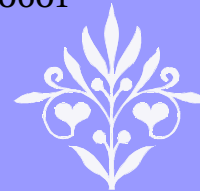
337-439-3380

Email:

info@partnersinpt.com

Web:

www.partnersinphysicaltherapy.com



Partners in Physical Therapy

Mission: To work as a team with excellent healthcare providers while delivering state of the art patient services in a caring environment

Tell Me More About Physical Therapy



Tel: 337-439-3344



Partners in Physical Therapy

What is Physical Therapy?

Assessment and treatment of individuals with pain and other impairments, functional limitations, disabilities, or changes in health status resulting from injury, disease, or other causes.

Who is a Physical Therapist (PT)?

Health professional receiving either a masters degree or doctorate in physical therapy in addition to passing a national licensure exam that is maintained yearly.

The profession of physical therapy has great diversity. For example, your PT may have a specialty or practice in one of multiple areas that PTs are qualified to work, such as:

- GERIATRICS
- PEDIATRICS
- SPORTS
- ORTHOPEDECS
- AQUATICS
- ONCOLOGY
- RESEARCH
- HAND REHABILITATION
- INDUSTRIAL REHABILITATION
- CARDIOVASCUALR AND PULMONARY
- BALANCE, DIZZINESS, AND VESTIBULAR
- CLINICAL ELECTROPHYSIOLOGY AND WOUND MANAGEMENT
- NEUROLOGICAL, SPINAL CORD INJURY, AND TRAUMATIC BRAIN INJURY
- HOME HEALTH
- ACUTE CARE
- EDUCATION
- AMPUTATION
- WOMEN'S HEALTH
- MANUAL THERAPY
- ORTHOTICS
- WELLNESS AND FITNESS

All our PTs are on tract for spine certification through the International Academy of Orthopedic Medicine

Partners in Physical Therapy

Areas of Specialty:

- * **Manual Therapy**
- Hands on approach that involves correcting joint and soft tissue limitations.
- * **Geriatrics**
- Addresses natural changes that effect our body as we age or after injury.
- * **Pediatrics**
- Treatment of orthopedic and neurological deficits affecting children.
- * **Women's Health**
- Addresses areas of health specific to women.
- * **Sports Rehab**
- Injury prevention and rehabilitation following injury or surgical intervention.
- * **Pain (Chronic and Acute)**
- Addresses pain generators, mobility and function compromised by pain.
- * **Vestibular and Balance Rehab**
- Treatment for dizziness and falls.
- * **Wellness and Fitness**
-General health and exercise programs to either prevent injury, recover from injury, or maintain health status following injury.
- * **Orthopedics**
-Includes recovery from surgery or conservative treatment to prevent surgery. Also treatment for joint, spine, or soft tissue injury.
- * **Neurological Rehabilitation**
-Addresses rehab components relating to the central and peripheral nervous systems.
- * **Edema & Lymphedema Management**
- Complete decongestion therapy and manual lymph drainage.

To learn how physical therapy can help you or for detailed information on any topic listed, please visit our website or feel free to call our office
www.partnersinphysicaltherapy.com

Who are we?

Freddie Ann Regan PT

Over 30 years experience with strong roots in pediatric therapy especially relating to developmental disabilities and autism. LSU graduate and 2007 delegate to Russia to help advise on development of programs for the disabled. Strong interest in myofascial pain and overall functional movement patterns.

Katie Regan Brittain PT, DPT

Duke University graduate honored with the outstanding student award for academic, leadership, and research achievements. Certified lymphedema therapist (CLT) as well as interests in biomechanical effects on pain and long term success of physical therapy intervention.

Lauren Gilley PT, DPT

Returned to her home town after completing her education at Emory University. Current interests include sports management and injury prevention in athletes.

All physical therapists are current members of the American Physical Therapy Association (APTA) and both Lauren and Freddie Ann are APTA Certified Clinical Instructors (CI)

Speech Therapy and Occupational Therapy offered on site as independent treatment option or in combination with physical therapy services



Lauren, Freddie Ann, and Katie